

# Introducing the new WW (Weight Watchers® Reimagined) program:



Experience our most  
customized program  
ever with *myWW*.™

When it comes to losing weight, everyone's needs are different. That's why, **for the first time ever**, WW is offering multiple ways to experience the journey with three different plans: Green, Blue, and Purple.



## 1 program, 3 ways to live it

### Green

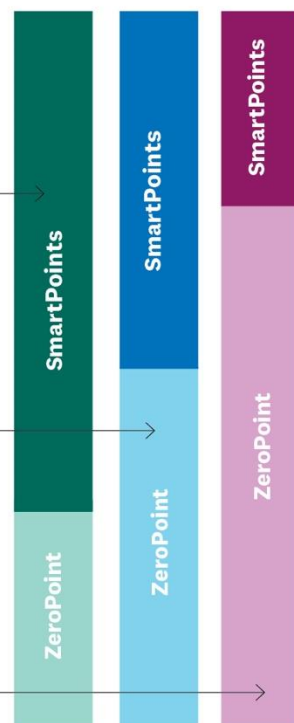
Green has a sizeable SmartPoints Budget and 100+ ZeroPoint foods including fruits and vegetables.

### Blue

Blue has a moderate SmartPoints Budget and 200+ ZeroPoint foods including fruits, vegetables, and lean proteins.

### Purple

Purple has a modest SmartPoints Budget and 300+ ZeroPoint foods including fruits, vegetables, lean proteins, and whole grains.



When you join WW, you'll be matched with a plan that best fits your lifestyle. Current members can choose which plan to continue based on their preferences.

## Get started today!

Employees, Spouses, and Dependents (18+) enrolled in the OSU Health Plan are eligible for the WW discounted rates and 50% subsidy.

To enroll in WW, or for more information, visit [wellness.weightwatchers.com](https://wellness.weightwatchers.com), and enter **Employer ID: 10645268**. Remember to have your **Employee ID** ready.

