

NATIONAL DAY OF

# RACIAL HEALING

**JANUARY 17, 2023**

**#HOWWEHEAL**

CFAES Office of Diversity, Equity, and Inclusion in conjunction with other university partners invite you to a day of events addressing

## HEALING FROM RACIAL BATTLE FATIGUE

The National Day of Racial Healing is a time to contemplate our shared values and create the blueprint together for #HowWeHeal from the effects of racism. Launched on Jan.17, 2017, it is an opportunity to bring ALL people together in their common humanity and inspire collective action to create a more just and equitable world.

This annual observance is hosted by the W.K. Kellogg Foundation (WKKF) and was created with and builds on the work and learnings of the Truth, Racial Healing & Transformation (TRHT) community partners. Fundamental to this day is a clear understanding that racial healing is at the core of racial equity. This day is observed every year on the Tuesday following Martin Luther King, Jr. Day.

### Schedule of Events



- Noon - 12:30 p.m.** Registration and grab lunch
- 12:30 - 1:30 p.m.** Welcome and keynote speaker - Dr. William A. Smith
- 1:30 - 1:45 p.m.** Introduction to Self Care - Preshus Thompson
- 1:45 - 2 p.m.** Transition to small group discussions in person and Zoom breakout rooms
- 2 - 3 p.m.** Facilitated small group discussions about healing from racial battle fatigue

All events will be live-streamed with in-person options  
(Columbus, Lima, Newark, Mansfield).

Lunch will be provided at select campus locations.

For more details and to register please visit: [go.osu.edu/racial-healing](https://go.osu.edu/racial-healing)