2019 WAYNE HEART WALK

Thursday, October 10, 2019
Oak Hill Park – Wooster

2019 Heart Walk Chairperson:
John Hall, Westfield Bank

American Heart Association®
Heart Walk®

WHY WE WALK

Our Mission: We believe all people deserve to live in a world free of cardiovascular diseases and stroke, and where everyone has the opportunity to build healthier lives for themselves and their families. We are making tremendous progress, but we cannot do it alone!

Healthy For Good: Our movement is designed to **rally** millions of Americans to live healthier lives, **inspire** a lasting change, and **unify** people around the simple idea that making a small change today can create a difference for generations to come.

Wayne Heart Walk: Reaches over 50 companies and their employees annually, and more than 2,000 event participants to improve their health and raise significant funds for the American Heart Association.
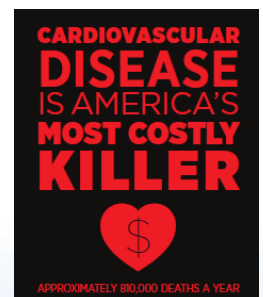
The Heart Walk reflects our value of diversity: We seek to recruit leaders in companies who will help us reach and serve a diverse range of individuals, representing a broad spectrum of race, ethnicity, gender, age, thoughts and values reflective of the many voices found in the community at large.

THE REALITY – WHY WE NEED YOUR SUPPORT

➢ Cardiovascular diseases (CVD) are our nation's #1 killer – killing someone every **90 seconds**
➢ Stroke is our #5 killer and the leading cause of serious, long-term disability

NEARLY HALF OF THE U.S. POPULATION WILL SUFFER FROM CVD BY 2035. BY THAT YEAR, THERE WILL BE:
- 123.2 million Americans with High Blood Pressure
- 24 million Americans with Coronary Heart Disease
- 11.2 million Americans who have suffered a Stroke
- 8.8 million Americans with Congestive Heart Failure
- 7.2 million Americans with Atrial Fibrillation

CARDIOVASCULAR DISEASE IS AMERICA'S MOST COSTLY KILLER
APPROXIMATELY 810,000 DEATHS A YEAR

COSTS OF CVD ARE PROJECTED TO EXCEED $1 TRILLION BY 2035

WAYS TO GET INVOLVED

➢ Consider corporate sponsorship support for our mission to fund research and public health initiatives while receiving higher visibility in the community. Custom and unique community impact opportunities available.

➢ Raise money for the Wayne Heart Walk by forming fundraising walk teams within your company/employees- a great opportunity for Employee Engagement/Team Building. There are many ways to raise funds at your company including peer to peer fundraising, leadership challenge, business partner support, employee giving campaign, PTO donation and retail programs.

➢ Commit to engage your company's employees in the Healthy for Good Movement. AHA offers free Workplace Health employee wellness resources for your company.

2019 WAYNE HEART WALK

Thursday, October 10, 2019
Oak Hill Park – Wooster

2019 Heart Walk Chairperson:
John Hall, Westfield Bank

American Heart Association®
Heart Walk.

2019 WAYNE HEART WALK FACTS

GOAL: Raise $90,000 & engage 20+ companies

WHEN: Thursday, October 10th 2019
5:00PM Healthy for Good Festival
6:00PM Walk Kick-off

WHERE: Oak Hill Park, Wooster

WHO: 20+ companies participate along with their family & friends. **Goal of 2,000+ walkers**

WHAT: Fun-filled, non-competitive walk as part of a healthy lifestyle and raises funds to support cardiovascular research in Northeast Ohio and educational programs for Wayne County.

LOCALLY SPONSORED BY:

Buehler's Fresh Foods
An Employee Owned Company

**D & S Distribution
DASCO Home Medical Equipment
Shanklin Heating & Cooling
Westfield Bank
Wooster Brush
Wooster Community Hospital**

WWW.HEART.ORG/WAYNEHEARTWALK

2019 WAYNE HEART WALK EXECUTIVE LEADERSHIP TEAM

John Hall, Executive Chairperson	**Westfield Bank**
Dr. Daniel Newton, MD, Medical Chairperson	**Wooster Heart Group**
Jon Ansel	D & S Distribution
Scott Boyes	Wooster Community Hospital
Mike Davidson	Buehler's Fresh Foods
Bill Fagert	Wooster Brush Company
Becky Foster	Wayne County Commissioners
Shelly Huff	Wooster Community Hospital
Richard Lewin	The Will-Burt Company
Greg Long	Long, Cook & Samsa
Gayle Martin	Buehler's Fresh Foods
Jackie Middleton	College of Wooster
Joel Montgomery	City of Wooster
Jack Nebesky	Buckeye Container
Mike Roaden	Tekfor
Dr. Mike Tefs	Wooster City Schools
Jenn Weeks	OSU

American Heart Association®
Healthy for Good™